



CONSCIOUSNESS & THE PHENOMENON



LUE ELIZONDO



UGARAGE

1
00:00:03,429 --> 00:00:01,750
what do you what what do you think

2
00:00:04,309 --> 00:00:03,439
consciousness what do you think the role

3
00:00:05,030 --> 00:00:04,319
is

4
00:00:07,590 --> 00:00:05,040
with

5
00:00:10,950 --> 00:00:07,600
what this whole phenomenon is like

6
00:00:12,230 --> 00:00:10,960
wow is it is it is

7
00:00:15,190 --> 00:00:12,240
i don't want to make it more complicated

8
00:00:18,790 --> 00:00:15,200
by asking the second part but like

9
00:00:21,029 --> 00:00:18,800
is everything one or is all not one

10
00:00:23,910 --> 00:00:21,039
if that makes any sense well it's it's

11
00:00:25,830 --> 00:00:23,920
all connected i think is fair to say um

12
00:00:27,670 --> 00:00:25,840
you know there are principles in science

13
00:00:30,230 --> 00:00:27,680

now that are looking into things such as

14

00:00:31,990 --> 00:00:30,240

string theory potentially potentially or

15

00:00:32,709 --> 00:00:32,000

holographic theory about our universe

16

00:00:37,030 --> 00:00:32,719

and

17

00:00:38,709 --> 00:00:37,040

going on right now within the scientific

18

00:00:40,069 --> 00:00:38,719

community of what human consciousness

19

00:00:41,430 --> 00:00:40,079

really is i don't mean sitting there in

20

00:00:42,549 --> 00:00:41,440

the lotus position of meditating i'm

21

00:00:44,869 --> 00:00:42,559

talking about

22

00:00:46,950 --> 00:00:44,879

about the the processes that occur

23

00:00:47,910 --> 00:00:46,960

within the human brain

24

00:00:49,910 --> 00:00:47,920

that

25

00:00:51,270 --> 00:00:49,920

signifi so you know what

26
00:00:56,549 --> 00:00:51,280
i'm going to show you something if you

27
00:01:00,150 --> 00:00:57,910
because i wrote out this whole this

28
00:01:02,389 --> 00:01:00,160
whole thing but i chose to like make it

29
00:01:04,149 --> 00:01:02,399
simple so if you

30
00:01:05,509 --> 00:01:04,159
if you need some time i could read that

31
00:01:06,550 --> 00:01:05,519
if this

32
00:01:07,830 --> 00:01:06,560
square

33
00:01:09,510 --> 00:01:07,840
okay represent i don't know if you can

34
00:01:10,870 --> 00:01:09,520
see it with the glare hopefully yeah you

35
00:01:12,469 --> 00:01:10,880
can see this piece

36
00:01:13,270 --> 00:01:12,479
represents the human body

37
00:01:16,149 --> 00:01:13,280
okay

38
00:01:18,070 --> 00:01:16,159

and the human body

39

00:01:19,749 --> 00:01:18,080

has something inside the circle which is

40

00:01:21,270 --> 00:01:19,759

called the brain

41

00:01:22,789 --> 00:01:21,280

and that brain

42

00:01:24,870 --> 00:01:22,799

resides inside the body and the brain is

43

00:01:26,870 --> 00:01:24,880

responsible for certain functions and

44

00:01:28,789 --> 00:01:26,880

biological functions that keep the body

45

00:01:30,390 --> 00:01:28,799

alive keeps your heart rate going and

46

00:01:32,789 --> 00:01:30,400

your breathing

47

00:01:34,390 --> 00:01:32,799

and your body coincidentally is also

48

00:01:36,149 --> 00:01:34,400

responsible for keeping the brain alive

49

00:01:38,230 --> 00:01:36,159

through circulatory processes and

50

00:01:39,990 --> 00:01:38,240

whatnot so the brain needs the body and

51
00:01:41,749 --> 00:01:40,000
the body needs the brain and so the

52
00:01:43,510 --> 00:01:41,759
brain is responsible for thinking the

53
00:01:45,429 --> 00:01:43,520
body is responsible for protecting and

54
00:01:47,990 --> 00:01:45,439
moving and sustaining

55
00:01:49,590 --> 00:01:48,000
um and and that's what a lot of people

56
00:01:51,109 --> 00:01:49,600
consider life but there's another

57
00:01:52,710 --> 00:01:51,119
element there's another element to the

58
00:01:58,950 --> 00:01:52,720
human being and possibly too tall

59
00:02:02,310 --> 00:02:00,709
this

60
00:02:06,709 --> 00:02:02,320
triangle

61
00:02:09,430 --> 00:02:06,719
is what some have referred to as

62
00:02:12,309 --> 00:02:09,440
the soul or the id or the chi or the

63
00:02:15,350 --> 00:02:12,319

spirit right it is something that

64

00:02:17,430 --> 00:02:15,360

does reside inside the body but is not

65

00:02:18,390 --> 00:02:17,440

contained necessarily with inside the

66

00:02:20,470 --> 00:02:18,400

body

67

00:02:24,710 --> 00:02:20,480

and is it possible

68

00:02:27,190 --> 00:02:24,720

that um consciousness is is part of that

69

00:02:29,670 --> 00:02:27,200

that process that that that

70

00:02:31,910 --> 00:02:29,680

that spirit that that that thing that is

71

00:02:33,670 --> 00:02:31,920

it is all-encompassing of what a human

72

00:02:35,589 --> 00:02:33,680

being really is the essence if you were

73

00:02:37,670 --> 00:02:35,599

to if you will imagine distilling a

74

00:02:38,949 --> 00:02:37,680

human being down to its actual essence

75

00:02:41,350 --> 00:02:38,959

and and

76
00:02:44,309 --> 00:02:41,360
that is what you have left over once the

77
00:02:46,949 --> 00:02:44,319
the carbon of the body is gone and you

78
00:02:49,430 --> 00:02:46,959
know what not the organics if you will

79
00:02:52,229 --> 00:02:49,440
what's left behind and that is the great

80
00:02:54,150 --> 00:02:52,239
mystery of the universe because that

81
00:02:55,910 --> 00:02:54,160
it is possible to some degree some

82
00:02:58,550 --> 00:02:55,920
people speculate that's maybe how people

83
00:03:00,710 --> 00:02:58,560
can remote view and psychic abilities

84
00:03:02,790 --> 00:03:00,720
and all these things that seem to be

85
00:03:04,949 --> 00:03:02,800
paranormal when in reality

86
00:03:07,430 --> 00:03:04,959
may have a very perfectly rational

87
00:03:08,390 --> 00:03:07,440
explanation it's just part of a a hidden

88
00:03:13,509 --> 00:03:08,400

kingdom

89

00:03:15,430 --> 00:03:13,519

all connected that's that's

90

00:03:17,910 --> 00:03:15,440

certainly you know something that is

91

00:03:19,190 --> 00:03:17,920

that is it's possible it's it's hard to

92

00:03:22,390 --> 00:03:19,200

measure

93

00:03:24,630 --> 00:03:22,400

things that you can't see or feel or

94

00:03:25,910 --> 00:03:24,640

touch or taste right so so how do you

95

00:03:28,630 --> 00:03:25,920

measure it well

96

00:03:31,670 --> 00:03:28,640

you measure that in in the value of of

97

00:03:33,670 --> 00:03:31,680

love and expression and art right things

98

00:03:36,550 --> 00:03:33,680

that that are intangible but are

99

00:03:38,710 --> 00:03:36,560

expressions of the human spirit um acts

100

00:03:41,589 --> 00:03:38,720

of random acts of kindness right

101

00:03:43,430 --> 00:03:41,599

um people who who

102

00:03:45,030 --> 00:03:43,440

give more than they take

103

00:03:46,470 --> 00:03:45,040

um so

104

00:03:48,630 --> 00:03:46,480

again i don't want to get too esoteric

105

00:03:49,910 --> 00:03:48,640

on you but i think that that human

106

00:03:51,830 --> 00:03:49,920

consciousness

107

00:03:54,070 --> 00:03:51,840

is something that we we don't really

108

00:03:55,270 --> 00:03:54,080

understand very well i think it is

109

00:03:59,190 --> 00:03:55,280

potentially

110

00:04:01,190 --> 00:03:59,200

um something that is is beyond the the

111

00:04:02,390 --> 00:04:01,200

carbon unit that we call it a human

112

00:04:04,309 --> 00:04:02,400

being

113

00:04:06,070 --> 00:04:04,319

you know case in point if i if i if i

114

00:04:08,390 --> 00:04:06,080

get you know in combat and i you know

115

00:04:10,949 --> 00:04:08,400

god forbid a me or a buddy of mine loses

116

00:04:13,589 --> 00:04:10,959

a leg or an arm or both my legs right

117

00:04:15,190 --> 00:04:13,599

i'm still loo i just you know minus a

118

00:04:16,710 --> 00:04:15,200

couple limbs

119

00:04:19,030 --> 00:04:16,720

and if i have a

120

00:04:20,949 --> 00:04:19,040

you know a traumatic brain injury um

121

00:04:23,110 --> 00:04:20,959

caused by sustaining combat or perhaps

122

00:04:25,110 --> 00:04:23,120

maybe i was born with it with a you know

123

00:04:26,230 --> 00:04:25,120

unfortunately with a mental challenge

124

00:04:27,270 --> 00:04:26,240

um

125

00:04:28,469 --> 00:04:27,280

you know

126
00:04:30,629 --> 00:04:28,479
i'm still loo

127
00:04:32,790 --> 00:04:30,639
just because you know i'm not i'm not

128
00:04:33,830 --> 00:04:32,800
necessarily as smart as as others i'm

129
00:04:36,629 --> 00:04:33,840
still loo

130
00:04:38,550 --> 00:04:36,639
so that's not what defines who lou is or

131
00:04:39,909 --> 00:04:38,560
you ben or you joe or anybody in your

132
00:04:42,150 --> 00:04:39,919
audience you're not defined by what you

133
00:04:43,909 --> 00:04:42,160
see in the mirror and you're not defined

134
00:04:46,070 --> 00:04:43,919
necessarily even by what you think or

135
00:04:49,430 --> 00:04:46,080
how you think there's something else

136
00:04:50,390 --> 00:04:49,440
that makes ben ben and joe joe and lou

137
00:04:52,150 --> 00:04:50,400
lou

138
00:04:54,310 --> 00:04:52,160

so the question is what is that what

139

00:04:56,070 --> 00:04:54,320

what is that this elusive property that

140

00:04:57,189 --> 00:04:56,080

we're looking for this fourth element if

141

00:04:59,110 --> 00:04:57,199

you will

142

00:05:01,990 --> 00:04:59,120

uh of uh

143

00:05:04,070 --> 00:05:02,000

of of of matter you know and does it

144

00:05:05,430 --> 00:05:04,080

does it lie in the spiritual world you

145

00:05:06,629 --> 00:05:05,440

know i mean there's

146

00:05:08,629 --> 00:05:06,639

i've been privy to some pretty

147

00:05:10,390 --> 00:05:08,639

extraordinary things i don't talk about

148

00:05:12,230 --> 00:05:10,400

them publicly but

149

00:05:15,270 --> 00:05:12,240

you know i i tend to be a fairly

150

00:05:17,590 --> 00:05:15,280

rational-minded guy i went to

151
00:05:19,270 --> 00:05:17,600
school and studied science and and have

152
00:05:21,670 --> 00:05:19,280
degrees in that field and believe in the

153
00:05:24,629 --> 00:05:21,680
scientific method and process

154
00:05:27,189 --> 00:05:24,639
but there are other elements out there

155
00:05:28,950 --> 00:05:27,199
that that science can't explain yet and

156
00:05:31,029 --> 00:05:28,960
i think it's okay and i think we should

157
00:05:33,350 --> 00:05:31,039
be wary of just poo pooing and be like

158
00:05:35,430 --> 00:05:33,360
yeah that doesn't exist well

159
00:05:37,189 --> 00:05:35,440
okay but there was a time that that

160
00:05:39,110 --> 00:05:37,199
people didn't know electricity existed

161
00:05:41,189 --> 00:05:39,120
right you saw lightning in the sky oh

162
00:05:43,029 --> 00:05:41,199
the gods are angry you had no idea that

163
00:05:43,990 --> 00:05:43,039

it was electrons moving from cloud to

164

00:05:45,510 --> 00:05:44,000

cloud

165

00:05:46,950 --> 00:05:45,520

you know yeah now of course we kind of

166

00:05:48,070 --> 00:05:46,960

laugh about it but that that was you

167

00:05:49,749 --> 00:05:48,080

know for a lot of people that was real

168

00:05:50,629 --> 00:05:49,759

and that was the gods are angry you know

169

00:05:52,790 --> 00:05:50,639

i don't know about anything called

170

00:05:54,230 --> 00:05:52,800

electricity but i know that that

171

00:05:56,469 --> 00:05:54,240

the god's mad

172

00:05:58,870 --> 00:05:56,479

um so we're always learning we're on

173

00:06:00,469 --> 00:05:58,880

this journey of of of

174

00:06:02,629 --> 00:06:00,479

teaching each other and learning from

175

00:06:04,710 --> 00:06:02,639

each other hopefully and you know not

